



NOURISHING ON THE SPECTRUM: NUTRITION AND FEEDING FOR CHILDREN WITH AUTISM

With Jennifer Franck, MS, RD, CDN

Assistant Chief of the Department of Nourishment Arts at The Center for Discovery

Saturday, May 14, 2016
10:00 am - 12:00 pm

**NewYork-Presbyterian Hospital/
Weill Cornell Medical Center**

Cayuga Room
525 East 68th Street
New York, NY 10065

9:15 - 10:00 Registration
10:00 - 11:30 Lecture
11:30 - 12:00 Q&A Session

A light breakfast will be served

REGISTRATION FEES

\$35 GNYDA, LIDA, WRDA members
\$20 GNYDA student members
\$80 non-members*
\$50 student non-members*

**non-member pricing includes 2016-2017 membership dues*

**For registration and
additional information visit:**

www.gnyda.org/Public/Events.aspx

The prevalence of autism spectrum disorders (ASD) has grown markedly in recent years, and Registered Dietitians are increasingly recognized as an important part of the interdisciplinary care team. Join expert and author Jennifer Franck, MS, RD, CDN, to learn how behaviors common in ASD can affect nutritional status, and how diet can be used therapeutically to improve health and enhance quality of life.

COURSE OBJECTIVES

Following this course, participants will be able to:

- 1) Describe physiological concerns common in children with autism spectrum disorder (ASD) and how these can affect nutritional status;
- 2) Identify common food-related behaviors seen in children with ASD, including: anxiety at mealtimes, extreme food selectivity, sensory issues, and limited interest in eating;
- 3) Describe the benefits of a whole foods diet as it relates to individuals with ASD;
- 4) Discuss practical strategies for incorporating whole foods into the diet of individuals with food related behaviors;
- 5) Name three foods that can be used therapeutically in the diet of individuals with ASD.

CONTINUING EDUCATION

Registered Dietitians: 2.0 continuing professional education hours have been approved for this program

SPEAKER



Jennifer Franck, MS, RD, CDN is the Assistant Chief of the Department of Nourishment Arts (DNA) at The Center for Discovery, a residential, educational, and medical facility for children and adults with developmental disabilities,

including autism. DNA is a unique department which features the collaboration of farmers, chefs, and nutritionists to optimize the use of whole, nutrient dense foods as a foundational therapy for health and healing. She coined the phrase “Seed to Belly” to define the DNA program, which focuses on food quality throughout the entire food chain.

Jennifer is a co-author of the book *Autism and The Stress Effect* with Dr. Theresa Hamlin. She also contributed to the book *Feeding the Heart*, which highlights the entire DNA program and Seed to Belly philosophy alongside recipes from partnering da Vinci Master Chefs (due out in June 2016).

Jennifer received her Master of Science in Clinical Nutrition from New York University.



Presented by the
Greater New York Dietetic Association
Pediatric Special Interest Group